



In-Home Activities for Family Caregivers October 25-31 Happy Halloween!

MUSIC MONDAY



Click [HERE](#) for 12 Favorite Halloween Classical Pieces From Parker Symphony Orchestra.

COOKING TUESDAY



Click [HERE](#) for some delicious Pumpkin-Orange Chocolate Chip Oatmeal Cookies.

WORKOUT WEDNESDAY



Click [HERE](#) for a 20 Minute workout from Jenny McClendon, MS, PT.

CRAFTY THURSDAY



Click [HERE](#) for some cute Coffee Filter Bats to celebrate Halloween!

FUN TIME FRIDAY



Click [HERE](#) to visit Largest.org and head to the food section to see the 10 largest pumpkins ever grown.

LEARNING SATURDAY



Click [HERE](#) to visit the Charles Schulz Museum to watch "It's the Great Pumpkin, Charlie Brown" and enjoy the history of the Peanuts characters.

SELF-CARE SUNDAY



Click [HERE](#) to learn about Scam Prevention and Safety for Seniors from AARP

[Common Ground](#) (support group for family caregivers) Teleconference on Tuesdays at 10 a.m. and Wednesdays at 2 p.m. For more resources or if you missed one of our Facebook LIVE videos, Click [HERE](#) to view them. Follow CarePartners on [Facebook](#), [YouTube](#), and check www.CarePartnersTexas.org for updates.