

CONNECTIONS

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www.InterfaithCarePartners.org

30 Years and Counting...



We are celebrating 30 years of volunteer caregiving! Our achievements are made possible because of our relationship with you. I have the privilege of working alongside a remarkable professional staff, a caring and talented Board of Directors and the most compassionate cadre of dedicated volunteers who make an incredible difference in the lives of people coping with illness every day. I am very thankful for our donors who support us financially and the many Christian and Jewish congregations who partner with us in caregiving. We are blessed to be called upon by caregivers and carepartners who so graciously allow us the privilege to accompany them as they journey through the challenges of caregiving and devastation of illness and memory loss. We are forever

grateful for your support.

John F. Kennedy is quoted as saying “Change is the law of life. And those who look only to the past or present are certain to miss the future.” We look forward to the future and embrace changes that are inevitable in our journey. It is bittersweet that we say farewell to our President, John Burk, who was our steadfast leader for the past 5 years. We wish him the very best as he begins his new career at Baylor in Waco. I was appointed Interim President by the Board pending a permanent hire for this position in 2017. I welcome the opportunity to lead this incredible organization during this time.

Another change you will begin to notice is that we have shortened our name to CarePartners and have adopted a

new logo.

For many years we have struggled with our name. When we say we work for Interfaith CarePartners, we are invariably confused with many other local organizations with Interfaith in their name. Although we will maintain our trademark and registration for Interfaith CarePartners, we have filed a DBA (doing business as) with the State of Texas to now be known as CarePartners. We believe this name signifies our caregiving relationship with both the congregations with whom we partner and the families we serve. We maintain our mission to “creating caring communities” and we are excited to embrace our future with you.

Tom Breaux, Interim President

Letter from Wright Moody, Chairman, Board of Directors



On behalf of the Board of Directors, I am pleased to report that our programs are strong, as is our balance sheet. Our revenues have not kept up with our expenses, due to a difficult economic environment, and the board is focused on bringing this more in balance to ensure our long term delivery of services and growth to meet increasing demand due to our aging population. We are dedicated to developing additional resources in order to expand our services so that all who turn to CarePartners for support have their needs met. We are deeply grateful to each Jewish and Christian congregation that allows us to equip their members to embrace and sustain people with special needs. Our deepest gratitude, however, is reserved for each volunteer and donor whose contribution gives life to our values and transforms our passions into extensive caregiving programs of excellence that bring joy and hope to people in despair. We hope you share our pride in what has been accomplished and will continue to be our partner in caregiving. Together, we are making a gift of care that is a blessing to all!

2016 Care Team® Program

For 30 years, CarePartners has been dedicated to its mission to provide direct care and respite services to individuals across the age range who suffer from a variety of diseases or other limiting conditions. Our services are primarily dedicated to individuals age 65 or older, most of whom suffer from Alzheimer's or some other form of dementia. Our signature program, the Care Team program, embodies four models of care. In 1986, our program was dedicated exclusively to help those with HIV/AIDS. In 1992, the Alzheimer's Care Team® was established, with other models being added in subsequent years.

Alzheimer's Care Team® Gathering Place is an activity for individuals with a diagnosis of mild to moderate dementia who come and participate in 3.5 hours of socialization, arts and crafts, entertainment, exercise, and lots of fun with Care Team volunteers. Family caregivers are offered the opportunity to use those hours as respite, or they are welcome to stay with their loved one and enjoy the festivities. Family caregivers can choose from as many of these free monthly offerings as they wish. Some of our care partners (clients) attend as many as 8-10 Gathering Places a month! In-home care is sometimes available through the Alzheimer's Care Team ministry.

Second Family Care Team® offerings provide in-home support to people across the age range with any kind of limiting disability or diagnosis. Those with chronic conditions, those who are homebound because of age or infirmity, or those in need of basic companionship and support are offered that support and practical care by volunteers who donate their time to help with visits, socialization, occasional transportation, or simply offering a listening ear and warm shoulder on which to lean during difficult times.

Kids' Pals Care Team® volunteers provide a time, similar in design to a Gathering Place, in which families who are caring for impaired children are offered the chance for respite while their children participate in fun activities such as arts and crafts, games and socialization with one another. Family caregivers may stay and participate with their children, or they may use the 3.5 hour time

for respite from their caregiving duties. There is one congregation participating in this program and we are not recruiting additional teams for this project.

Finally, the **AIDS Care Team®** program offers practical support and companionship to those living with HIV/AIDS. There is one congregation participating. We have a commitment to continue to offer services to people with HIV/AIDS, but currently receive very few calls for care. When available, the Second Family Care Team program has also served people with HIV/AIDS.

All Care Team program offerings are provided free-of-charge to the public. Care Team volunteers are supported by CarePartners' professional staff, which includes licensed Social Workers, Geriatric Care Managers, or those with degrees or experience in relevant fields. Staff members serve as the professional liaison between partner congregations and CarePartners as we offer our service and expertise to Harris, Fort Bend, Montgomery, Brazoria, Galveston counties and now in Waco. In 2016, we will recognize another year of over 100,000 hours of volunteer service through our dedicated corps of volunteers. We are deeply humbled by the amount of time and energy that our supporters and volunteers place upon helping us realize our mission of care. We are able to provide these caregiving programs free-of-charge because of the generous financial support of individuals, companies, congregations and foundations who recognize and understand the value of our work and the burden we are helping to ease for so many individuals and fami-

lies who are hurting in our community. We do not accept government assistance on either the state or federal level.



Top Left: Gayle & Jack Hillman, receiving the Sunderland Award from John Burk

Top Right: Dr. Robert Morrow, Blue Cross Blue Shield, receiving the Sustaining Presence award by Burk

Left: Greg Harper, Enbridge, receiving the Sustaining Presence award by Burk

2016 Fundraising Events. In addition to grants and public solicitations for support, we also hold two annual fundraising events, Sweet Charity and a Kentucky Derby party. In 2016, CarePartners presented Blue Cross Blue Shield and Enbridge with the Sustaining Presence award for their charitable spirit and embodiment of the values we share. Jack & Gayle Hillman, Gathering Place volunteers from Chapelwood United Methodist were recognized for their service with the annual Sunderland Award.

We hosted our third Kentucky Derby Party on May 7, 2016. Attendees gathered at The Wynden and donned their finest derby attire, from beautiful dresses and hats to seersucker suits. Proceeds from these two annual events underwrite 25-30% of the operating budget.

Additional Offerings

In addition to the Care Team program, we offer a host of educational and support services to families preparing for their role as caregivers to a friend or a loved one, or to those who are already in that role.

Common Ground: Caregiver Conversations: Common Ground offerings are support groups for those who wish to discuss their caregiving roles with others. We currently sponsor 16 of these groups throughout the Greater Houston area. Mental health professionals and a layperson with experience as a caregiver who is no longer in that role help facilitate these 1.5 hour monthly group meetings.

Caregiver Conferences: In 2016 we co-sponsored 5 free educational and skill-building conferences for caregivers. These conferences each provide approximately 21 workshops suited to the interests of family caregivers. Workshop topics range from “understanding Medicare and Medicaid” to “self-care & self-compassion” to “essential legal documents.” Area experts donate their time to offer these workshops to family caregivers.

Workshop Intensives: Additionally, we offered 3 workshop intensives for caregivers in 2016. These free intensives provide a 2.5 hour time devoted to a topic, typically presented at a caregiver conference, that caregivers have indicated they would like to learn more about. Again, area experts donate their time and knowledge to help better equip and educate family caregivers. We are grateful to Gloria Dei Lutheran Church in Clear Lake for donating the use of their facilities and assisting in coordinating this event.

Preparing and Sharing: These meetings are a brown-bag lunch for working caregivers who are given the opportunity for caregiver education from a CarePartners representative or another area expert on caregiving. In 2016 we continued our partnership with Southwestern Energy to provide these workshops. Topics covered included “Understanding Personal Assistant Services,” “Managing the Emotions of Caregiving,” and “Understanding Medicare.” These are invaluable, free, workshops for working caregivers and we are excited about the possibility of expanding them even more in 2017.

CarePartners Expert Panel: A few years ago, we introduced our expert panel as a new educational service to congregations or businesses who are interested in providing education on a particular topic to groups of caregivers. Our staff presented several times for this service in 2016. In the event that we feel a topic is best handled by someone outside of the agency, we will work with one of our many partners in the field of caregiving to find the appropriate fit.

If you or someone you know is interested in learning more about any of the above programs, please call (713) 682-5995.

What is happening in 2017?

The biggest challenges we face are the mounting need for the types of free care we provide to the community and the means by which to fund them. We know that there is no other organization like ours that is easing burdens at no charge and in so many ways, and we are making plans to equip ourselves to handle even more of those calls for service as they continue to roll in. Below are some of the events planned for 2017 that will embolden our efforts to be beacons of care and comfort in the new year. • Caregiver Conferences and intensives will continue to sustain their pace with 6 conferences or mini-conferences and 3 workshop intensives throughout the Greater Houston area. • Our major annual event, Sweet Charity, will be held on February 9, 2017. Sustaining Presence awards will be presented to Southwestern Energy and Andrea and Bill White. Gathering Place volunteer, Robin Bruce will receive the Dr. Ron Sunderland Care Team® Member Award. Our fourth Kentucky Derby Party will be held on May 6, 2017.

CarePartners Together Closure

In the Fall of 2016, CarePartners Together, a personal assistant service (PAS) that offered fee-based, in home support to families whose needs progressed beyond volunteer support ceased operations. Its administrator, Veronica Seivwright, along with her entire staff provided exemplary care and support to their clients; however, the agency was not able to sustain itself financially. As a wholly owned subsidiary of CarePartners, the decision was made by the Board of Directors and management to close the agency. We are thankful for their dedicated and compassionate service over the past two years.

A Numerical Snapshot of 2016*

Care Team Program	Teams	Members	Persons Served	Vol. Hours
AIDS CARE TEAM	1	28	10	354
ALZHEIMER'S CARE TEAM	55	1614	1119	75,260
KIDS' PALS CARE TEAM	1	20	13	400
SECOND FAMILY CARE TEAM	30	682	481	28,923
Total	87	2,344	1,623	104,937

*All data shown through 12/15/16

VALUE OF DONATED TIME: The Independent Sector's most recent estimate for the value of a volunteer's time is \$25.11 per volunteer hour in Texas. By the end 2016, we anticipate that CarePartners will have provided another year of free caregiving service valued at over \$2.66 million.

Annual Budget: \$895,898

Estimated Return on Investment: 297%

THANK YOU

There is never an adequate way to say thank you to the people, businesses, congregations, or foundations who find our program worthy of investment. We take our duty very seriously to be good stewards not only of the program, but of those who have invested time, money, or effort into it. Below is a snapshot of some of our donors in 2016 who have realized how valuable free care in the community is:

Richard Anderson	Jeff Hines	Memorial Hermann Health System
The Baxter Trust	Houston Endowment Inc.	Mr. and Mrs. Wright & Nancy Moody
Boardwalk Pipeline Partners, LP	Howard Energy Partners	Noble Energy, Inc.
Robin Bruce Angel Foundation	The Estate of Kathryn Jeannette Huss	St. John the Divine Episcopal Church
The Cameron Foundation	Mr. and Mrs. David & Karen Jewell	Alexander Proudfoot Company
Janet Clark	The Junior League of Houston	Southwestern Energy
DTE Energy Foundation	The Estate of Earl Lester	The Isla Carroll Turner Friendship Trust
Group 1 Automotive	Marathon Oil Company	Mr. and Mrs. Josh & Amanda Weber
The Guild Shop of St. John the Divine	Mr. and Mrs. David & Audra Marye	W & T Offshore
George & Mary Josephine Hamman Foundation	The John P. McGovern Foundation	Randa Williams
The Hildebrand Foundation	Memorial Drive Presbyterian Church	

*NB: Due to space constraints, listed donors contributed at the \$5,000 and above level. We are grateful for all of the support we receive at any level of giving.

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