



ANNUAL REPORT 2017

Published September 2018



The Care Movement



MISSION

TO PROVIDE SUPPORT, EDUCATION
AND RESOURCES TO CAREGIVERS
AND QUALITY CARE FOR THOSE
LIVING WITH MEMORY LOSS AND
OTHER CHALLENGES OF AGING.

Care
Partners

HISTORY

- **1985:** Founded as a volunteer caregiving organization
- **1985-1986:** Piloted Care Team® Model for individuals and families living with AIDS
- **1988:** Established as a 501(c)(3) entity by IRS
- **1988-Present:** Provide evidence based programs through volunteerism to the vulnerable and weak; complimentary respite support for caregivers, activity- based program for those living with memory loss and resource navigation
- **1985-Present:** Care Team members have delivered more than 2 million hours of volunteer service to family caregivers and their loved ones



THE NEED

Baby Boomers are aging, and there are growing numbers of adults in the United States who are not fully able to care for themselves. Some live relatively independently but still require some level of care and support. Others require full-time care. The need for caregiving is projected to increase substantially in the years ahead as lifetime expectancy increases and the incidence of Alzheimer's and dementia continues to rise. In fact, every 65 seconds, someone in the United States develops Alzheimer's.

Studies show that family caregivers of people with Alzheimer's or dementia spend more hours, do more difficult work, and provide assistance for more

years than family members caring for older adults without memory loss. Most caregivers cannot afford in-home or residential nursing care, and insurance rarely covers the cost. Family caregivers frequently bear the full burden of support. As their lives become increasingly centered on caring for their aging loved ones, they often face social isolation, suffer from their own physical ill-health, and struggle with significant financial hardships.

Family caregivers are crying out for support, encouragement, community, and respite to continue the long journey of caring for loved ones with memory loss. CarePartners can help.

MESSAGE FROM THE BOARD CHAIR

On behalf of the Board of Directors, I would like to extend a special thanks to our talented staff, generous donors, partners and the over 2,500 volunteers who were a part of the care movement in 2017! As our population ages and more individuals are faced with the difficult task of caring for loved ones who suffer from Alzheimer's, dementia or other various challenges of aging, I am proud that CarePartners continues to lead the charge in providing training, care, support, and respite to over 3,100 caregivers and carepartners in the greater Houston and Waco areas. The services that CarePartners provides through our four program offerings, provide a vital lifeline to caregivers who frequently bear the burden of caregiving for their loved ones alone, often resulting in significant emotional, financial, and even physical hardships. In the years ahead, we are focused on the goal of expanding our services to reach new congregations and communities where caregivers are suffering from the burdens of caregiving with no discernible path to support or respite. It is our sincere hope that you will continue to walk alongside us as we pursue this goal together!



JOSH WEBER

CEO, Trace Midstream Partners
Chairman of the Board,
CarePartners



MESSAGE FROM THE PRESIDENT

It is my honor and privilege to serve as the President of CarePartners. Since my start on May 1, 2017 I have immersed myself into the foundation of this amazing organization.

We have been through a lot of change over the past couple of years. In 2016, we adjusted our business name from Interfaith CarePartners to CarePartners. Since then, we have been working on re-branding our organization through a new website and materials to support our 4 signature programs. Our number 1 goal in the re-branding effort is to inform family caregivers that we are here to offer support, education and resources, while providing quality compassionate care to their loved ones with memory loss or other challenges of aging.

Partnerships remain the lifeblood of our organization. It was through our 70 different faith partners that we were able to serve over 3,100 individuals in 2017. More than 2,500 volunteers participated on a care team that delivered over 122,800 hours of compassionate care which totals \$3.09 million in free care. We are eternally grateful for the support of our faith and community partners and volunteers.

The future of CarePartners is bright and I look forward to working with all of our partners to advance our mission to serve family caregivers and their loved ones.

Warmly,

Jenna Dhayer

Jenna Dhayer

President, CarePartners



CAREPARTNERS' FOUR LIFE- CHANGING PROGRAMS



GATHERING PLACE

Gathering Place is for family caregivers caring for loved ones with memory loss, specifically mild to moderate Alzheimer's, other dementias or cognitive impairment. This monthly 3-3.5 hour activity based program provides the caregiver respite, a break from caregiving responsibilities, while their loved one participates in planned activities such as games, music, crafts, lunch and socialization. A Care Team of volunteers supports this program through the partnering congregation or nonprofit.



2017 IMPACT

- 49 Gathering Place locations
- 1,071 families served
- 49 Care Teams volunteering 83,245 hours of compassionate care
- 49 Faith partners



SECOND FAMILY



SECOND FAMILY

Second Family is a home based program that focuses on helping individuals living with illness or other challenges of aging by providing caregivers a break and companionship for their loved one. A Care Team of volunteers supports this program through a partnering congregation.

2017 IMPACT

- 27 Second Family locations
- 399 families served
- 27 Care Teams volunteering 25,780 hours of compassionate in-home care
- 27 Faith partners



COMMON GROUND

This monthly support group offers emotional support, encouragement, friendship and helpful tips about self-care and caregiving. This program is co-led by an experienced facilitator and a caregiver who been through the caregiving journey.



2017 IMPACT

- 15 Common Ground locations
- 136 families served
- 15 Care Teams volunteering 1,120 hours of support
- 15 Faith partners



CAREGIVER CONFERENCE



CAREGIVER CONFERENCE

Conferences are held in partnership with congregations, nonprofits and colleges in the Greater Houston area. These educational events connect family caregivers with tools and resources focused on providing self-care and quality care to their loved ones.

2017 IMPACT

- 5 Conferences
- 3 Workshops
- 1,483 individuals served
- 8,855 hours of volunteer service
- 5 Faith partners

IMPACT STORIES

OUR FOUR PROGRAMS IMPACT THE LIVES OF THOUSANDS OF INDIVIDUALS YEARLY.



Houstonians have Roger Aduddle to thank for the train-station-to-baseball-park conversion that we now know as Minute Maid Park, home of the Houston Astros. Roger and his wife Jan currently live in Spring, Texas. Roger is a long-time engineer and Army veteran that is in his mid-sixties.

Currently, Roger and Jan attend up to six Gathering Places each month. Roger is known as the John Travolta of the dance floor and is sure to light up any room that he graces with his joyful smile. "He hasn't danced his entire life and now it's what he enjoys the most at the Gathering Place," Jan said.

Roger also enjoys playing with his grandchildren and solving table-puzzles.

"The Gathering has become our social life, it is a life saver for us. Our quality of life has dramatically improved having a place to visit and interact with other people," Jan explained. Roger is progressively nonverbal at home.

Many of their friends are now unsure of how to properly interact with Roger, but Roger and Jan have found new friends within the community at the Gathering Place. CarePartners has filled their family with new life during a time of grief and

transition into the 'new normal'. "The resources and connections that the Gathering Place and Common Ground have offered us exceed what we would have ever been able to find on our own. It's the connection and common bond that we are able to share with caregivers that help us prepare for the next week, month and years to come," said Jan. "The Gathering Place also offers me a short period of alone time, most often the only alone time I get in a given week."





“THE NUMBER OF CASES OF ALZHEIMER’S AND DEMENTIA ARE GROWING SO FAST. I WISH THAT I HAD KNOWN ABOUT CAREPARTNERS BEFORE I SO DESPERATELY NEEDED THEIR SERVICES.”

– BETTY LOU, CAREGIVER

“You’re not alone on your journey.” Betty Lou has found new hope at Common Ground meetings while her husband Kirk enjoys the Gathering Place. Betty Lou and Kirk Heinritz attend three Gathering Place programs each month. Kirk, or ‘Captain Kirk’, is sixty-six.

The Heinritz family first noticed Kirk’s memory issues when he was unable to remember directions to their new home six years ago. While at first they both attributed his memory issues to stress, brain scans showed that Kirk had early-onset dementia.

Betty Lou knew it was time to reach out and ask for help when she began to experience depression through the grieving process. “It’s a roller coaster and I was on a never-ending downward spiral,” Betty Lou said.

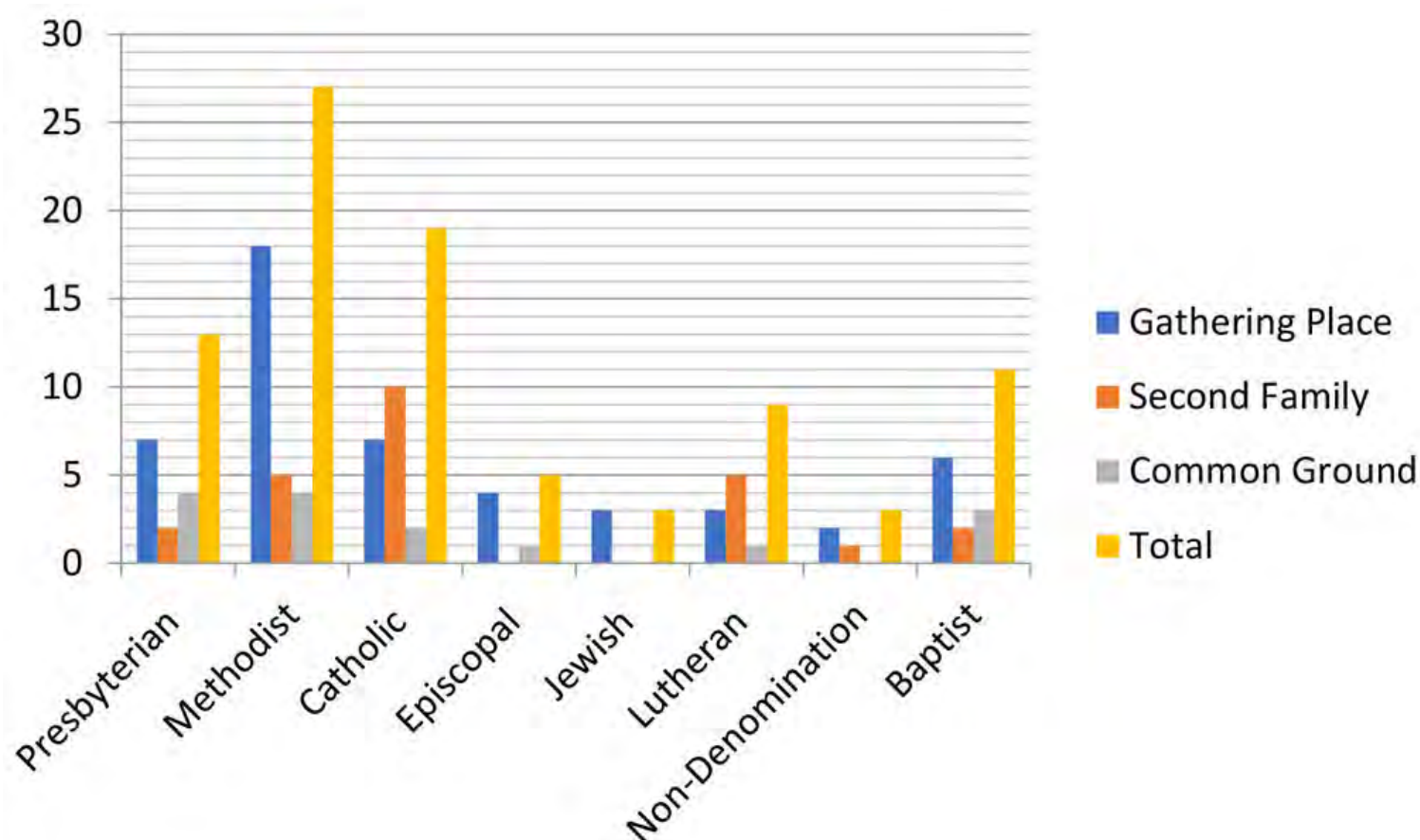
“The resources that CarePartners provide allow me to understand what is going on and how we can work through it together.” Betty Lou continued. “Without CarePartners I would not mentally or physically be as strong as I am now. When you have a network of people around you, you are able to share the experience with a group of smiling faces that all understand the daily struggles.” The Heinritz’s also participate in the Second Family program that sends three volunteers to their home each week to take Kirk to lunch and ice cream while Betty Lou runs a few quick errands.

“The volunteers that visit us bring such light and joy into our home. While for Kirk it’s all about the chocolate ice cream, it gives me a break to regroup myself for the week ahead,” Betty Lou explained.



Partners and Volunteers

Partnerships are the lifeblood of our organization. We simply can't do what we do to support family caregivers and their loved ones without the generous in-kind and financial support from our partnering congregations and nonprofits. **In 2017 we had 70 different partnering congregations.** These partners offer space to host a CarePartners program and volunteers from their congregations and community to participate on a care team that supports one of our four programs. Many of our partnerships date back to 1985 to new partnerships created in 2017. We are grateful for the support of each of our partners.



2017 PARTNERING CONGREGATIONS

Augustana Lutheran	Klein United Methodist
Austin Avenue United Methodist	Lakewood United Methodist
Bear Creek United Methodist	Living Word Lutheran
Bellaire United Methodist	Memorial Drive Presbyterian
Brentwood Baptist	Memorial Drive United Methodist
Brookhollow Baptist	Messiah Lutheran - Cypress
Champion Forest Baptist	New Faith
Chapelwood United Methodist	Northwoods Presbyterian
Christ the Good Shepherd Catholic	South Main Baptist-Pasadena
Christ The King Catholic	Spring Branch Presbyterian
Clear Lake Presbyterian	St. Anne Catholic - Houston
Clear Lake United Methodist	St. Anthony of Padua Catholic
Congregation Beth Israel	St. Cecilia Catholic Community
Congregation Beth Yeshurun	St. Charles Borromeo Catholic
Congregation Emanu El	St. Frances Cabrini Catholic
Cypress Bible Church	St. Francis Episcopal
Cypress United Methodist	St. Francis of Assisi Catholic
Emmanuel Episcopal	St. Ignatius Loyola Catholic
Epiphany of the Lord Catholic - Katy	St. John the Divine Episcopal
First Baptist Church Woodway	St. John the Evangelist Catholic - Baytown
First Methodist - Conroe	St. John Vianney Catholic Church
First Presbyterian Church - Pasadena	St. Martha Catholic Church
First Presbyterian of Kingwood	St. Martin's Episcopal
First United Methodist - Humble	St. Mary's United Methodist
First Unitarian Universalist	St. Paul Lutheran - Columbus
First United Methodist - Pearland	St. Paul the Apostle Catholic
First United Methodist Katy	St. Paul's Episcopal
Fountain of Praise	St. Peter's United Methodist
Friendswood United Methodist	St. Rose of Lima Catholic
Gloria Dei Lutheran	St. Stephen's United Methodist
Grace Presbyterian	Tallowood Baptist
Grand Lakes Presbyterian	The Woodlands United Methodist
Holy Comforter Lutheran	Trinity East United Methodist
Holy Cross Lutheran	Trinity Episcopal Church - Baytown
Hosanna Lutheran	Trinity United Methodist
Houston's First Baptist	Wheeler Avenue Baptist
Independence Heights Asst. Ministry	Woodlands Community Presbyterian
John Wesley United Methodist	Woodlands United Methodist
Kingwood United Methodist	Zion Lutheran

Pastor Emmanuel Jackson ***Living Word Lutheran Church***

CarePartners has developed a long-standing relationship with Living Word Lutheran Church in Katy. Now going on more than 10 years on-site, Pastor Emmanuel Jackson says, “it’s been nothing but a pure blessing for our congregation and staff.”

Pastor Emmanuel believes that having CarePartners on-site is a modern-day application of the church being ‘without walls’. More than half of the Gathering Place attendees are not members of the church, rather, he invites the community onto his campus to experience the joy and love that they offer through their faith.

“CarePartners being on campus has taken our church members that are now retired and given them a new opportunity to use their gifts and talents,” explained Pastor Emmanuel.

The Gathering Place program continues to grow at LivingWord Lutheran. “It’s a joyfully infectious atmosphere. Once volunteers participate at one Gathering Place, they are sure to tell their friends and be back for the next one,” said Pastor Emmanuel. He continued, “for LivingWord Lutheran Church it’s all about making a difference in the community. This is how we are able to reach deep into our community and make a tangible difference in people’s lives.”

Pastor Emmanuel believes that CarePartners programming and resources should be on every church campus. “At any given time, your church-body has members that desperately need the programs and connections that CarePartners offers. It is likely that each family in your church has either been impacted by memory loss or knows someone that has gone through that journey. Rather than operating alone in our daily lives, I encourage the community to pull together, offer one another the support and interaction that reflects the true meaning of church.”



Pastor Emmanuel Jackson



Volunteerism

Our volunteer care team model has produced more than 2 million hours of volunteer service since 1985. Our care teams support our four programs. Team members are trained and equipped with the tools, resources and education to support family caregivers and their loved ones. In 2017, our volunteer retention rate was 88% and the average volunteer length of service was 6 years. We are grateful for our volunteers.

2017 Impact: 122,864
Hours of Service



- Alzheimer's Care Team
- Second Family Care Team
- Common Ground Care Team
- Conferences
- Other

"Our goal is to bring a little bit of sunshine into their lives. We all need someone. And if those in need of help don't reach out to us, it's our job to reach out to them."

~BEVERLY DONALDSON,
VOLUNTEER

Beverly Donaldson, CarePartner Volunteer at Brentwood Baptist Church

"The Gathering Place is one of those places that no matter what you walk-in feeling or expecting, you leave with a smile on your face," says Beverly Donaldson.

Beverly is a long-time volunteer and organizer of the Gathering Place at Brentwood Baptist Church located on the southwest side of Houston. Beverly first got involved in CarePartners when her dad was diagnosed with Alzheimer's many years ago. "I wanted to learn how I could help my mother as she took care of my father." Beverly said, "We are from a small town without the

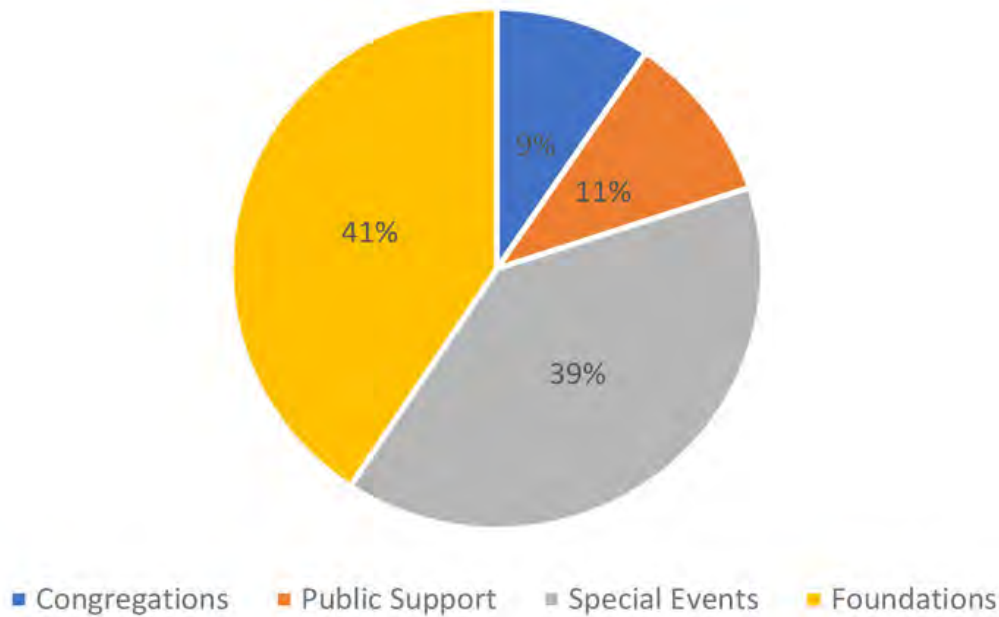
resources that we have in Houston. Because of CarePartners, I was able to remotely coach my mom through many of her toughest days of caregiving."

For volunteers that may be interested in joining the care movement, Beverly invites you to come visit a Gathering Place.



FINANCIALS

CarePartners Revenue



OPERATING BUDGET 2017

Revenue – \$855,979

Expenses – \$890,646

Programs – 83%

Administrative – 13%

Fundraising – 4%



- More than \$0.83 of every dollar raised directly impacts CarePartners' programs and everyone we serve, by offering access to compassionate care, faithful companionship, educational resources, respite, a break from caregiver responsibilities, and support.



THANK YOU, DONORS!

The following donors sustained the mission of CarePartners through their generous gifts made in 2017.

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Marlene Telling

**CarePartners offers the opportunity to dedicate a donation in memory of a family member, friend or loved one. For more information contact Gaby Solis, at 713.682.5995 or at gsolis@carepartnerstexas.org*



2017 SWEET CHARITY



CarePartners' Annual Sweet Charity event is an evening celebrating our mission, partnerships, volunteers and philanthropic individuals and corporations in the Greater Houston area. On Thursday, February 9, 2017 our Sustaining Presence award honorees were Andrea and Bill White and Southwestern Energy. Robin Bruce received our Dr. Ronald H. Sunderland Care Team® Member Award. More than 230 individuals attended the event which generated \$266,000.



2017 SWEET CHARITY SUSTAINING PRESENCE AWARD HONOREES

Andrea and Bill White

Andrea currently serves on the editorial board of the Houston Chronicle, and Bill is the Houston chairman of Lazard, a global financial advisory firm. Andrea is also a noted author of books for young readers, and Bill has served in a variety of positions in the energy business, as well as public service. Both have been involved with dozens of Houston-area non-profits during their 31 years of marriage. Bill's friend, a former board chair Earl Swift, introduced him to CarePartners more than 15 years ago. In recent years Bill and Andrea have become more appreciative of the need for respite care, when dealing with age-related disabilities of Bill's mother and father. Bill's mother, who passed away last month, lived her life on a simple principle: shining my life on others. They thank CarePartners for assisting so many volunteers who do just that. Andrea and Bill are long time members of St. Luke's United Methodist Church.



SOUTHWESTERN ENERGY

Southwestern Energy's legacy of curiosity and passion has empowered it to become the third largest producer of natural gas in the continental U.S. Their employees are motivated by a relentless focus on safety and creating value for the communities in which they work and live. This compels them to responsibly develop America's abundant supply of natural gas to unlock the benefits it provides to local communities, the nation and the world. Bill Way has over 35 years' experience in various leadership, technical, operational and commercial roles in domestic and international oil and gas exploration and production and midstream businesses. Mr. Way currently is President and Chief Executive Officer - Southwestern Energy, having been named Chief Executive Officer in January 2016. From December 2014 to January 2016, he was President and Chief Operating Officer of the Company. Mr. Way joined Southwestern as Executive Vice President and Chief Operating Officer in October 2011.

Prior to Southwestern, he was Senior Vice President - Americas of BG Group PLC with responsibility for E&P, Midstream, LNG and global shipping operations in the U.S., Trinidad and Tobago, Chile, Bolivia, Canada and Argentina. From 1981 until 2007, he held various senior technical and leadership positions at ConocoPhillips in the U.S. and globally.



2017 SWEET CHARITY DR. RONALD H. SUNDERLAND CARE TEAM[®] MEMBER AWARD RECIPIENT

Robin Bruce

Robin Bruce first volunteered at the Gathering Place hosted by her congregation, St. Martin's Episcopal Church, 15 years ago and continues to serve compassionately and tirelessly today. Her volunteering began in high school working at a crisis hotline. Graduating from the University of Texas, she became a registered nurse and cared for countless patients in the Neurosurgical ICU at St. Luke's hospital. Her professional career spanned 32 years before her retirement in 2010. However, her journey of volunteer caregiving was just beginning. After retirement with a lot of time and love to give, she soon became a volunteer at 13 area congregations hosting a Gathering Place around the city in partnership with CarePartners. Even in the midst of caring for her own father who suffered from Alzheimer's disease for the 12 years leading up to his death, the death of her brother, and health complications of her own, Robin never deterred from her tireless service to others. Today, Robin continues to serve at five Gathering Place locations. In addition to her work at the Gathering Place, Robin has spent 18 years volunteering with Caring Critters, an animal assisted therapy program that enhances the lives of people in

hospitals and facilities by providing them opportunities for interaction with trained animals in a positive, nurturing environment. She also has become a "community nurse" in her neighborhood by helping those in need, from caring for a neighbor with AIDS to assisting another neighbor who is blind. For the past four years, she has also volunteered to assist disabled children. Robin donates her talents, time and treasure to support the Gathering Place and CarePartners. The quality of her compassion, dedication and energy to serve are impressive. Robin consoles families, gives hope to all, and her empathy, caregiving, and dedication are only three of many remarkable traits that merit this award.



Kentucky Derby 2017

Our annual fundraising event, the Kentucky Derby, was held on Saturday, May 6, 2017. This event is a fun, engaging event held during the actual Kentucky Derby race. Attendees spend time playing derby style games, watching the race and socializing with others. More than 115 individuals attend the event which generated \$43,000.



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ABOUT CAREPARTNERS

CarePartners is a nonprofit, volunteer led organization that provides support, education, and resources for caregivers and quality care for those living with memory loss and other challenges of aging.





Join the Care Movement

