

To register for the  
Caregiver Conference to be held at

**Northwest Assistance Ministries**  
The Harrell Family Opportunity Center  
15702 Bammel Village Drive  
Houston, TX 77014

Call or register online:  
713.682.5995 CarePartners  
[www.CarePartnersTexas.org](http://www.CarePartnersTexas.org)  
(Click on Educational Resources)

There is NO charge to attend the conference.

By attending this conference, I consent for me, and my loved one (if applicable), to be photographed or videotaped and to the possible use of these photos and videos in print and social media.

## CarePartners Programs

**Gathering Place:** 3.5 hour highly engaging program for individuals with memory loss (family caregivers receive 3.5 hours of respite).

**Common Ground:** Support group for caregivers caring for loved ones with memory loss and other challenges of aging.

**Second Family:** Homebound program to help individuals living with challenges of aging or illness.

**Caregiver Conference:** Educational events that connect family caregivers with education & resources.

CarePartners Volunteer &  
Giving Opportunities

email: [info@CarePartnersTexas.org](mailto:info@CarePartnersTexas.org)

To donate: [www.CarePartnersTexas.org](http://www.CarePartnersTexas.org)

CarePartners  
701 N. Post Oak Road, Ste. 330  
Houston, TX 77024  
713.682.5995  
NAM Conference

# CAREGIVER Conference



Equipping and encouraging  
**FAMILY CAREGIVERS**  
through skill-building  
workshops and resources.



A free community service event presented  
by CarePartners and



**NORTHWEST  
ASSISTANCE  
MINISTRIES**  
*Neighbors Helping Neighbors*

April 13, 2019

8:00 AM – 12:00 PM

Northwest Assistance Ministries  
The Harrell Family Opportunity Center  
15702 Bammel Village Drive, Houston, TX 77014

Non Profit Org.  
U.S. Postage  
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Bellaire, TX  
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## TIMELINE

8:00 AM	Check In / Exhibits / Breakfast
8:30 - 8:40 AM	Opening Remarks
8:40 - 8:50 AM	Invocation
9:00 - 10:15 AM	Session 1
10:15 - 10:30 AM	Break
10:30 - 11:45 AM	Session 2
11:45 AM - 12:00 PM	Exhibits

## BREAKFAST SPONSOR



## CONFERENCE SPONSORED BY



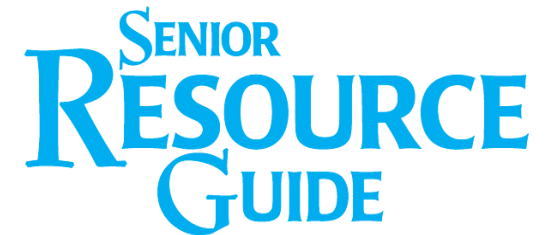
## SESSION 1 | 9:00 - 10:15 AM

- Caregiving Strategies for loved ones with Alzheimer's /Dementia**  
*Vic Mazmanian, Senior Director of Faith Outreach, Silverado*  
In this class you will learn some effective caregiving techniques for a loved one with Alzheimer's and dementia. You will also learn some ways to deal with Caregiver stress, and the hope that God will provide during the journey you are on.
- Fraud Prevention**  
*AARP Representative*  
Every year, hundreds of thousands of Americans are impacted by fraud and scams. Want to avoid becoming one of them? Learn how to spot scams, fraud, and prevent attempts to steal your identity.
- Tips and Tricks for Getting the Most out of your Medicare Benefits**  
*Cindy Hartman, RN, BSN  
President, C&S Care Management, Inc.  
C&S Healthcare Services, Inc.*  
Understanding Medicare is imperative to making the most of your Medicare benefits. Learn the basics of Medicare insurance plans and how to utilize the benefits and services.

## SESSION 2 | 10:30 - 11:45 AM

- VA Benefits for Caregivers**  
*Vincent C. Morrison  
Harris County Veteran Service Officer*  
Learn about benefits available through the Veterans Administration, eligibility and how to apply including non-pension related benefits and the aid and attendance program. In addition, representatives from the Harris County Veterans Services office will be available to answer questions and offer resources.
- Memory Loss: Stages & Understanding Behaviors**  
*Alzheimer's Association*  
Offering caregivers support and education in their daily tasks, including tips for more effective communication and resources for understanding behavior at different stages of the disease.
- Questions Answered- Caregiver Wellness**  
*Panel Discussion led by Holly Hall Retirement Community*  
A panel discussion focused on caregiver wellness. The panel will cover all aspects of caring for yourself and your loved one including nutrition, exercise, navigating benefits, respite care and more!

## MEDIA SPONSOR



Pictured above: Caregivers attending a CarePartners' Caregiver Conference

