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Interfaith of The Woodlands

SarahCare Adult Day Care

Senior Resource Guide

Silverado Senior Living

Jan Pickett, Susan Bulgawicz &

John Dantche, Attorneys at Law

EXHIBITORS

Aging in Place The Woodlands

All Organized Pro

Always Best Care Senior Services

Assisted Living at Unlimited Care Cottages

At Your Side Home Care

Avatar Home Health Care Agency LLC

Better Business Bureau- Senior Medicare Patrol

Canopy Memorial Hermann

Care Patrol

Conroe ISD Parent Resource Center

Dignity Memorial Forest Park The Woodlands

Easter Seals of Greater Houston

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Happier at Home

Hearts at Home Senior Care

Houston Area Parkinson's Society

Houston-Galveston Area Agency on Aging

Lone Star Legal Aid

Mom's Care Plan

Park Manor of The Woodlands

Spring Creek Village Assisted Living & Memory Care

Sycamore Creek Ranch Memory Care

The Alzheimer's Association

The Magnolia House of The Woodlands

The Village at The Woodlands Waterway

The Woodlands Nursing & Rehabilitation Center

The Woodlands Township Neighborhood Services

TIRR Memorial Hermann

Village Care Homes

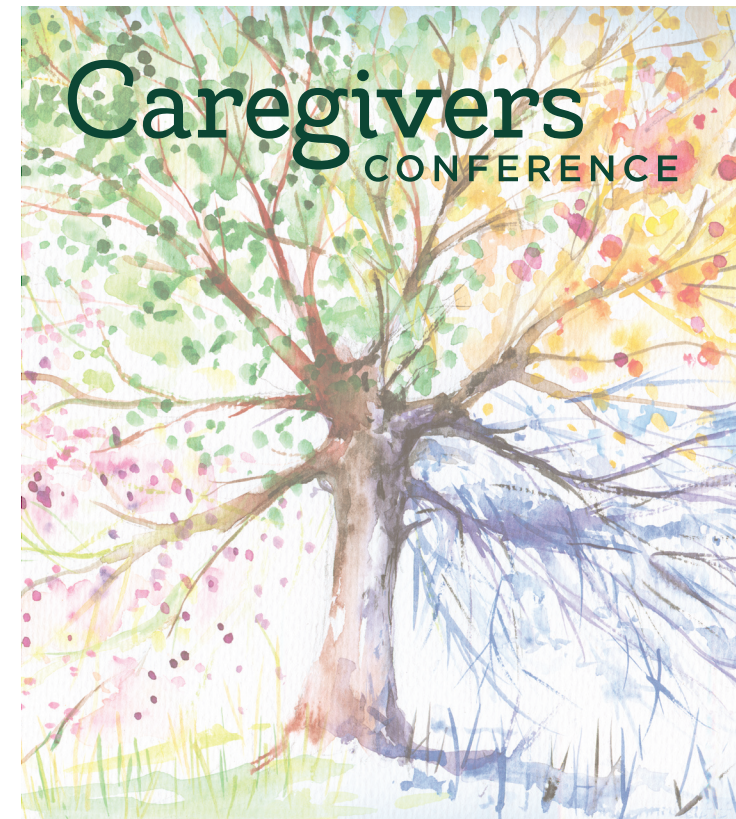
Vitas Healthcare



4242 Interfaith Way
The Woodlands, Texas 77381



PRESENT THE SPRING 2019



Caregivers CONFERENCE

SPECIAL SESSION

Ask the Experts: Elder Law Panel

Free skill-building and informative workshops
for family members caring for a loved one,
including children with special needs.

Saturday, May 4, 2019

8:30 a.m. to 3:00 p.m.

Christ Church United Methodist
6363 Research Forest Drive

Registration | Continental Breakfast | Exhibits Open.....8:30 a.m.
 Welcome | Missy Herndon, Interfaith of The Woodlands.....9:00 a.m.
 Invocation9:05 a.m.
 Introductory Presentation.....9:10 a.m.

Session One Workshops.....9:30 a.m.-10:40 a.m.
 Session Two Workshops.....10:55 a.m.-12:05 p.m.
 Lunch & Exhibits12:05 p.m.-12:55 p.m.
 Session Three Workshops.....12:55 p.m.-2:05 p.m.

Ask the Experts: Elder Law Panel2:15 p.m.-3:00 p.m.
 Susan Bulgawicz, Jan Pickett and John Dantche, Attorneys at Law

Arrive early to allow extra time to visit with our exhibitors!

Complimentary Respite Care Provided By Caring Senior Service for Senior Adults

Free Shuttle Service from Parking Area Provided by SarahCare Adult Day Care

SESSION 1

- 1 **Elder Law: Navigating the Nursing Home Medicaid Maze** by John Dantche, Attorney at Law
- 2 **Evaluating Your Loved One's Driving Ability and Strategies to Address It** by Brandy Guillory, OTR and Shelby Lenarz, OTR, TIRR Memorial Hermann
- 3 **Knowing Which Senior Living Option is Right for You** by Donna Composto, Founder, Mom's Care Plan
- 4 **Home Activities for Improving Quality of Life** by Teresa Williams, MSW, Director of Resident Engagements, Silverado Senior Living
- 5 **In Home Services and Resources** (*Healthcare services available in the community and what to expect from them*) by Caring Senior Service and Lisa Suarez, SarahCare Adult Day Centers
- *6 **Navigating Through ARDS** (*Getting the most from your classroom experience*) by Kacy Arnold, Conroe ISD Special Education Coordinator
- 7 **Memory and Aging** by Amy Kabore, RN, Director of Health Services, Silverado Senior Living

SESSION 2

- 8 **Legal Documents & Common Trusts** by Susan Bulgawicz, Attorney at Law
- 9 **Research Updates in Dementia** by Melissa Cruz, LCSW, Silverado Senior Living
- *10 **Special Needs, Trusts & Guardianship** by Kenna Seiler, The Seiler Law Firm
- 11 **The Differences and Myths Surrounding Hospice and Palliative Care** by Janice Powell-Eugene RN, BSN, VITAS Healthcare
- 12 **Communicating and Responding to Dementia** by The Alzheimer's Association-Houston & Southeast Texas Chapter
- 13 **Veteran's & Survivor's Benefits** (*Pensions, healthcare and benefits for veterans, spouse and survivors*) by Kay Lee, Montgomery County Veterans Service Officer
- 14 **Physical Care Skills for The Home Caregiver** by Lydia Wallace, RN

* Sessions for families caring for children with special needs.

SESSION 3

- 15 **Probating a Will in Texas & Techniques for Avoiding Probate** by Jan Pickett, Attorney at Law
- 16 **Using Technology to Help with Caregiving Responsibilities** by Cathy Foreman, MS, RDN, LD Special Projects Coordinator, BridgingApps by Easter Seals
- 17 **Mindfulness and Self Care for the Family Caregiver** by Vic Mazmanian, Mind, Heart and Soul Ministry, Silverado Senior Living
- 18 **Laughter Yoga: A fun and magical stress buster** by Janet Carroll, RN, The Laughter Nurse
- *19 **Navigating Benefit Assistance** by Mercedes Alejandro, Volunteer Advocate
- 20 **The Reality of The Parkinson's Journey** by Celeste Harris, Houston Area Parkinson's Society
- 21 **Understanding Medicare** (*Medicare benefit basics and information*) by John Kiser, Financial and Retirement Planner

How Do I Register?

Register online at woodlandsinterfaith.org

or mail or fax this form to:
 Interfaith of The Woodlands

4242 Interfaith Way, The Woodlands, Texas 77381 Fax 281-292-3223

Name _____

Address _____

Day Phone _____

Email _____

Complimentary Respite Care for Seniors Adults requested for _____

Emergency Contact Phone _____

1st workshop selection for 9:30 a.m. (circle one)

1 2 3 4 5 6 7

2nd workshop selection for 10:55 a.m. (circle one)

8 9 10 11 12 13 14

3rd workshop selection for 12:55 p.m. (circle one)

15 16 17 18 19 20 21

Special Session at 2:15 p.m.

Ask the Experts: Elder Law Panel
 Will You Attend: Yes No

I consent to being photographed or videotaped during my participation and to the possible use of those photos in the media by registering for this event.



FOR MORE INFORMATION

Call Raymona Lewis, Interfaith of The Woodlands, at 281-367-1230 or
 Becky Villarreal, CarePartners, at 713-682-5995.

woodlandsinterfaith.org