

Fall 2019 Caregivers Conference

Registration 8:30 am
Continental Breakfast, Exhibits Open

Welcome 9:00
Pastor Al Doering
Christ the King Church

Introductory Presentation 9:05

Session One 9:30 - 10:30

- 1 Aging in Place: A Life-Giving Alternative**
by Karla Bauer, BSN, Director of Strategy Solutions, Evergreen Private Care
- 2 Senior Living and Care Guidance**
by Donna Composto, Certified Dementia Practitioner, Senior Care Advisor & Founder, Mom's Care Plan
- 3 Elder Law: Estate Planning & Probate in TX**
by Charioty James, Attorney and Counselor at Law, James & Parlange Law, PLLC
- 4 Family Dynamics in Caregiving**
by Laura McPherson, LPC, LMFT
- 5 Elderly Cyber Scams: How They Are Being Targeted and How to Prevent It**
by Ross Davis, IT Security Specialist/Owner of Kingwood PC Repair
- 6 Reality of Parkinson's Treatment & Care**
by Celeste Harris, Director of Social Services Houston Area Parkinson's Society

Session Two 11:00 - 12:00

- 7 Alzheimer's: Description, Prevention & Treatment**
by Dr. Valory Pavlik, Associate Director for Research, Alzheimer's Disease and Memory Disorders Clinic
- 8 Elder Law: Navigating the Medicaid Maze**
by Sandy Perez Ard, Attorney at Ard Law Firm
- 9 Stress Management for the Caregiver**
by Lisa Milliken, MA, CCC-SLP, FNAP, Education Specialist, ASHA CE Administrator
- 10 Structuring Joy & Purpose at Home through Activities**
by Melissa Crabtree, Engagement Director, Arbor Terrace at Kingwood Town Center
- 11 Are You a Dementia Caregiver or Care Partner?**
by Becky Carmichael, LSW & Certified Dementia Specialist with Mom's Care Plan
- 12 Ambiguous Loss: During and After Caregiving**
by Teresa Williams, LMSW, The Auberge of Kingwood

Lunch 12:10 - 12:50

Session Three 1:00 - 2:00

- 13 Elder Law: Probating a Will in Texas & Techniques for Avoiding Probate**
by Kristi Burleigh, Attorney at Law, CWMPK, PLLC
- 14 Understanding & Responding to Dementia Behaviors**
by Sabrina Pegross, Executive Director, The Auberge of Kingwood
- 15 The Importance of Boundaries in Caregiving**
by Dawn Koufakis-Basel, author and founder of Precipice Life Coaching
- 16 Financial Resources for Senior Living: Medicare/Medicaid & More**
by Jackie Younger, LCSW, MBA, CALA, Executive Director, Reunion Court of Kingwood
- 17 Prepare to Care: Caregiving 101**
by AARP Lead Volunteer
- 18 Veteran's Benefits: New Guidelines**
by James Rush, CFP®, CRPC®, Veterans Benefits Advisor, Senior Care Advisors of Texas

How to Register

Please register by September 20 for guaranteed session. Register online at christ4u.net or mail or fax this form to: Christ the King Church, 3803 W. Lake Houston Pkwy, Kingwood, TX 77339 Fax 281-360-2965

Name _____

Address _____

Day Phone _____

Email _____

How did you hear about this conference?

For Adult Respite Care on site call SarahCare Adult Day Care, 281-361-7000, before September 20.

1st workshop selection for 9:30 am
(circle one)

1 2 3 4 5 6

2nd workshop selection for 11:00 am
(circle one)

7 8 9 10 11 12

3rd workshop selection for 1:00 pm
(circle one)

13 14 15 16 17 18

I consent to being photographed or videotaped during my participation and to the possible use of those photos in the media.

Signature _____

AARP Real Possibilities

Houston



Christ the King
Lutheran Church



For More Information, call:
Jadi Meyer, Christ the King Church 281-360-7936
or Becky Villarreal, CarePartners 713-682-5995

Special Thanks

Sponsors

AARP

Alzheimer's Association

Arbor Terrace at Kingwood Town Center

The Auberge at Kingwood

CarePartners

Christ the King Church

Houston Hospice

Kingwood Memory Café

Mom's Care Plan

Reunion Court of Kingwood

SarahCare Adult Day Care

SynapseSite.net

Exhibitors

CareBuilders at Home

Dignity Memorial

Fall Creek Rehab & Healthcare

First Light Home Care

Harris County Area Agency of Aging

The Home Care Family

PAM Rehabilitation Hospital of Humble

Kingwood Memory Care & Assisted Living

Regent Care Center of Kingwood

Rose of Texas Hospice

Village Greens Alzheimer's Care Home

Non-Profit Org
US Postage
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Christ the King Lutheran Church
3803 W. Lake Houston Pkwy
Kingwood, TX 77339

Christ the King Church
AARP & CarePartners
present the

Fall 2019 Caregivers Conference

Saturday, Sept 28, 2019
8:30 to 2:00pm

Free skill-building and informative
workshops for family members
caring for a loved one.
Free Adult Respite Care
provided during the workshops.



Christ the King Church
3803 W. Lake Houston Parkway
Kingwood, Texas 77339 christ4u.net