



# ANNUAL REPORT 2019

Published April 2020



## The Care Movement





## MISSION

TO PROVIDE SUPPORT, EDUCATION AND RESOURCES TO CAREGIVERS AND QUALITY CARE FOR THOSE LIVING WITH MEMORY LOSS AND OTHER CHALLENGES OF AGING.

Care  
Partners

# HISTORY

- **1985:** Founded as a volunteer caregiving organization
- **1985-1986:** Piloted Care Team® Model for individuals and families living with AIDS
- **1988:** Established as a 501(c)(3) entity by IRS
- **1988-Present:** Providing evidence based programs through volunteerism to the vulnerable and weak; complimentary respite support for caregivers, activity- based program for those living with memory loss and resource navigation
- **1985-Present:** Care Team members have delivered more than 2.8 million hours of volunteer service to family caregivers and their loved ones



# THE NEED

Baby Boomers are aging, and there are growing numbers of adults in the United States who are not fully able to care for themselves. Some live relatively independently but still require some level of care and support. Others require full-time care. The need for caregiving is projected to increase substantially in the years ahead as lifetime expectancy increases and the incidence of Alzheimer's and dementia continues to rise. In fact, every 65 seconds, someone in the United States develops Alzheimer's.

Studies show that family caregivers of people with Alzheimer's or dementia spend more hours, do more difficult work, and provide assistance for more years than family members caring for older adults without memory loss. Most caregivers cannot afford in-home or residential nursing care and insurance rarely covers the cost. Family

caregivers frequently bear the full burden of support. As their lives become increasingly centered on caring for their aging loved ones, they often face social isolation, suffer from their own physical ill-health, and struggle with significant financial hardships.

Nationally, more than 60% of family caregivers also are employed. Of those employed, 40% are over the age of 50. Due to the stress of caregiving, absenteeism and lost productivity cost businesses an estimated \$28 billion. Only 56% of caregivers report that their supervisor is aware of their caregiving responsibilities. Caregivers are in need of workplace workshops.

Family caregivers are crying out for support, encouragement, community, and respite to continue the long journey of caring for loved ones with memory loss. CarePartners can help.

# MESSAGE FROM THE BOARD CHAIR

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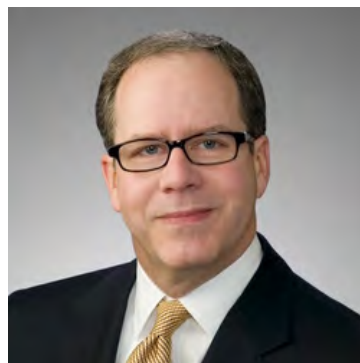
On behalf of the Board of Directors, I share with them, a sense of gratitude for so many who have made caregiving a part of their commitment to the people of our community. Our continuing mission to provide education, support, and resources to caregivers and quality care for those living with memory loss and the other challenges of aging has seen growth in 2019. That commitment is embodied by our talented staff, generous donors, over 1,800 volunteers, and our congregant, nonprofit and community partners. In 2019 we saw an increase in the number of clients served. We are also seeing the fruits of our strategic plans at work. Our number of our educational programs serving those who are searching for information about how best to care for their care partners doubled in 2019 and attendance at our education programs have increased dramatically. The number of clients served and the number of Care Team programs have both increased. I am proud to report that our online capabilities are complete and in action to serve our clients, care teams and donors. Please take time to peruse our new website that is now delivering actionable information daily to users. We hope you share our pride in what has been accomplished and will continue to be our partner in caregiving.

Kind regards,



**DAVID JEWELL**

Chairman of the Board, CarePartners



# MESSAGE FROM THE PRESIDENT

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It has been an absolute honor and pleasure to serve as President of CarePartners for the past 3 years. I continue to be touched by the wonderful impact our mission has on those we serve and those who serve alongside us. The work that we do to support family caregivers and their loved ones through our four core programs, Gathering Place, Second Family, Common Ground and Caregiver Educational Events continues to grow and impact thousands of individuals in the Greater Houston and Waco area each year.

We are midway through our 3-year Strategic Plan to increase the Support, Education and Resources for family caregivers and their loved ones. Over 1,800 Care Team® volunteers served at 93 programs providing over 111,423 hours which equates to \$2.8 million in free compassionate care. I am happy to share, that together with our volunteers and host site partners, we increased the number of people served by 20%.

This past year we made tremendous progress to support family caregivers through Caregiver Educational Events. The number of Caregiver Education events increased by 100% and caregivers attending increased by 34%. We continue to strive to make caregiver education accessible in-person and online, as well as in the workplace.

Our vision to be THE resource for family caregivers continues to be our #1 goal. Our programs remain FREE and this is possible because of the generosity of our donors, volunteers and host site partners. We thank you deeply for your support of our mission.

Warmly,



President, CarePartners





# CAREPARTNERS' FOUR LIFE-CHANGING PROGRAMS



## GATHERING PLACE

Gathering Place is a program for family caregivers caring for loved ones with memory loss, specifically mild to moderate Alzheimer's, dementia or cognitive impairment. This monthly 3-3.5 hour activity based program provides the caregiver respite, a break from caregiving responsibilities, while their loved one participates in planned activities such as games, music, crafts, lunch and socialization. A Care Team of volunteers supports this program through the partnering congregation or nonprofit.



## 2019 IMPACT

- 53 Gathering Place locations
- 1,124 families served
- Care Team volunteers donated 77,289 hours of compassionate care valued at over \$1.9 million in free care



# SECOND FAMILY



## SECOND FAMILY

Second Family is a home-based program that focuses on helping individuals living with illness or other challenges of aging by providing caregivers a break and companionship for their loved one. A Care Team of volunteers supports this program through a partnering congregation.

## 2019 IMPACT

- 21 Second Family programs
- 274 families served
- Care Team volunteers donated 17,196 hours of compassionate in-home care valued at over \$424,500 in free care





# COMMON GROUND

This monthly support group offers emotional support, encouragement, friendship and helpful tips about self-care and caregiving. This program is co-led by an experienced facilitator and a caregiver who has been through the caregiving journey.



# 2019 IMPACT

- 19 Common Ground locations
- 176 families served
- Care Team volunteers donated 1,669 hours of support valued at over \$41,200 in free care





# CAREGIVER EDUCATIONAL EVENTS



## CAREGIVER EDUCATIONAL EVENTS

Caregiver Educational events are conferences and workshops that provide family caregivers with education and community resources that equip them to take better care of themselves and their loved ones. Events are offered in full-day or half-day conference formats, single workshops, or corporate lunch and learns.

## 2019 IMPACT

- 18 Conferences and Workshops
- 2,117 individuals served
- 10,481 education hours provided

# Partners and Volunteers

Partnerships are the lifeblood of our organization. We simply can't do what we do to support family caregivers and their loved ones without the generous in-kind and financial support from our partnering congregations and nonprofits. **In 2019, we collaborated with 64 congregations, synagogues and nonprofits.** These partners offer space to host a CarePartners program and volunteers from their congregations and community to participate on a care team that supports one of our four programs. Many of our partnerships date back to 1985 to new partnerships created in 2019. We are grateful for the support of each of our partners.





# We Love Our Volunteers



# Volunteerism



Our volunteer care team model has produced more than 2.8 million hours of volunteer service since 1985. Our care teams support our four programs. Team members are trained and equipped with the tools, resources and education to support family caregivers and their loved ones.

In 2019, our 1,868 volunteers donated 111,423 hours of free care to 3,668 individuals.

## Care Team Volunteer Testimonials

"I've been a volunteer for just about five years at St. Cecilia Catholic Church.", Shelley Dimiceli said. "My brother-in-law died of Alzheimer's six years ago and I felt like I didn't do enough for him because I didn't understand it. It just so happened in the church bulletin shortly after the funeral they needed volunteers for the Gathering Place and I just took it as an omen. I started and then I just got to see the people month after month, the care partners, and grew close to them and looked forward to them coming and trying to figure out what would make them happy."



"The music is the best part and the exercising. It's a lot of fun and you're meeting people from all different walks of life. Everyone is different and it's not just people from our church." - Val Palmer, Gathering Place Volunteer for 5 years at Champion Forest Baptist Church.



# Care Team Volunteer Testimonials

"Sometimes I feel like our seniors are forgotten and so whatever little joy we can bring them as a Volunteer at the Gathering Place, that is something we are really committed to doing."



"My mother lived with me and she was 93, and at that time we didn't have this [the Gathering Place] at our church, Champion Forest Baptist, and so when they started the group I said I think I would like to become a volunteer. I have been volunteering for 7 years."

"The Gathering Place is as much a respite care opportunity for the caregivers as well as sort of a creative learning opportunity for the people who are diagnosed with dementia. It's been a blessing for our church and I think to the families who like to come and bring their loved one."



"My mother had Parkinson's with associated Dementia and I always said if I had the opportunity to give back in any way I would, and then I heard about the Gathering Place and thought this is the perfect opportunity for me to give back, something I couldn't really do for my mother since she lived out of town."

# 2019 PARTNERS

Bear Creek United Methodist Church  
Brentwood Baptist Church  
Brookhollow Baptist Church  
Champion Forest Baptist Church  
Chapelwood United Methodist Church  
Christ Church Sugar Land UMC  
Christ the Good Shepherd Catholic  
Christ The King Catholic Church  
Clear Lake Presbyterian Church  
Clear Lake United Methodist  
Congregation Beth Israel  
Congregation Beth Yeshurun  
Congregation Emanu El  
Cypress Bible Church  
Cypress Creek Christian  
Cypress United Methodist Church  
Epiphany of the Lord Catholic  
First Methodist, Conroe  
First Presbyterian Church Pasadena  
First UMC Humble  
First United Methodist Church Pearland  
First United Methodist Katy  
Fort Bend Seniors  
Friendswood United Methodist  
FUMC Waco, Austin Avenue Campus  
Grace Presbyterian Church  
Grand Lakes Presbyterian  
Holy Comforter Lutheran  
Hosanna Lutheran  
Houston's First Baptist Church  
Independence Heights Assistance Ministry (IHAM),  
Kingwood United Methodist Church  
Klein United Methodist Church  
Lake Houston United Methodist  
Lakewood United Methodist Church  
Living Word Lutheran Church  
Mamie George Community Center  
Memorial Drive Presbyterian Church  
Memorial Drive UMC  
Messiah Lutheran, Cypress

New Faith Church  
Northwoods Presbyterian Church  
South Main Baptist Church-Pasadena  
Spring Branch Presbyterian  
St. Anne Catholic Church  
St. Anthony of Padua Catholic  
St. Cecilia Catholic Community  
St. Charles Borromeo Catholic  
St. Francis Episcopal  
St. Ignatius Loyola Catholic  
St. John the Divine Episcopal  
St. John the Evangelist Catholic  
St. John Vianney Catholic  
St. Martha Catholic Church  
St. Martin's Episcopal  
St. Paul Lutheran  
St. Paul the Apostle Catholic Church  
St. Paul's Episcopal Church  
St. Peter's United Methodist Church  
St. Rose of Lima Catholic Church  
St. Stephen's United Methodist  
Tallowood Baptist Church  
The Woodlands United Methodist Church  
Trinity East United Methodist Church  
Trinity Episcopal Church, Baytown  
Woodlands Community Presbyterian Church  
Woodlands United Methodist Church  
Zion Lutheran Church





# Kingwood United Methodist Church

CarePartners has been blessed to form many collaborative partnerships throughout its 34 years of existence. One of those partnerships is with Kingwood United Methodist Church where Donna Smith is the Director of Care Ministries.

Donna Smith shares, "Kingwood United Methodist Church (KUMC) operates both the Gathering Place and Second Family Care Team. As the Director of Care Ministries, I rely heavily on my relationship with CarePartners. They are the backbone of both of these ministries. They help train and guide our volunteers to come alongside family caregivers and provide respite care for those caring for family members suffering with Alzheimer's, dementia and memory loss. KUMC's partnership with CarePartners is what allows both of these ministries to bring God's light in the midst of darkness and struggle for these families. This partnership allows our church to reach out to our community and bring hope through very difficult situations. I have spoken to caregivers who are provided respite care and assistance through these programs, and they are always so grateful and thankful for the help and the time to care for themselves."

The Gathering Place at KUMC began in 2008 and has served over 80 families and donated 5,866 hours. Donna says, "Every time I walk into a Gathering Place, my heart is filled with joy. One of the most touching moments I witnessed was seeing a volunteer meeting the care partner (client) exactly where they are in their mental and emotional state and bringing comfort to them in a way that was needed, whether it is through a hug, or standing with them away from the crowd for long periods of time, or dancing and singing to music. It is absolutely one of the best ways to see God's love shining through."

The Second Family Care Team at KUMC was established in 2017 has been able to go into homes to provide respite, companionship, assistance for meals and personal errands, allowing KUMC to reach those in the community who are home-bound, once again bringing help and hope in desperate and lonely situations.

Donna continues, "I personally do not know what I or the KUMC would do without this partnership. CarePartners has been my right hand in ministry since I have been on staff here at KUMC. God truly placed this organization to help equip us and come alongside us to care for those God calls us to circle around, bringing God's light and love into the world, as He has called us to do."



*Donna Smith  
Director of Care Ministries, KUMC*



*Gathering Place at KUMC*

# IMPACT STORIES



memory and was diagnosed with Alzheimer's.

"At this point the Alzheimer's is very severe," Roger said. "Janice forgets facts in seconds, but she always remembers how much fun she has at the Gathering Place. We attend several Gathering Place programs a month because they provide an opportunity to socialize for the both of us. Since we moved here from out of state six years ago, we have no relatives or long-term friends in the area, but everyone at the Gathering Place has become our new family. I get a break while I know my wife is not only safe but having fun with loving friends." Roger shares, "Weeks without a Gathering Place to attend seem long and empty."



In 2019 CarePartners served more than 3,660 families; one of those families was Roger and Janice Robson. While visiting a Gathering Place program, a beautiful melody filled the room, Janice was on the piano playing while our care partners and volunteers happily danced to the tune.

"Janice always had the ability to accomplish anything she set out to do, and one of those things was to be a piano tuner," said Roger, Janice's husband of 63 years. "She was one of the first women in the U.S. to take on this profession and be successful in it."

Roger met Janice right after his service ended with the Army and married when she was a Junior in college. They had four children and lived in different cities around the U.S. because of his profession as a traveling salesman. When he finally retired their plan was to relocate to Florida, but that is when Roger noticed something was wrong with Janice's memory.

He explains, "I would have to make maps for Janice every day because she would forget how to get to places." Janice then began to lose her short-term





**"I WOULD ADVISE ANY FAMILY CAREGIVER TO BECOME A PART OF THE GATHERING PLACE, BECAUSE IT DOES HELP."  
– RUBY POWELL, FAMILY CAREGIVER**

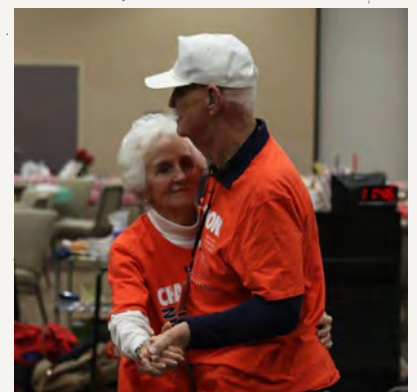
Ruby is the family caregiver for her mom and they have been attending the Gathering Place for almost three years. She shares, "Attending the Gathering Place is a great blessing, it gives my mom an outing and it also gives me a little free time to run errands. She is 91-years-old and now she's getting a little more feeble, it helps a lot; 3.5 hours may not seem like a lot but it helps."

When asked what is her favorite part of the Gathering Place, Ruby answered, "Mother and I both sing in the choir at church, so I hear her sing all the time, but to see her here and at her age still knowing the words to that song - there's a lot she doesn't know - but she has never ever forgotten the words to that particular song," Ruby says.



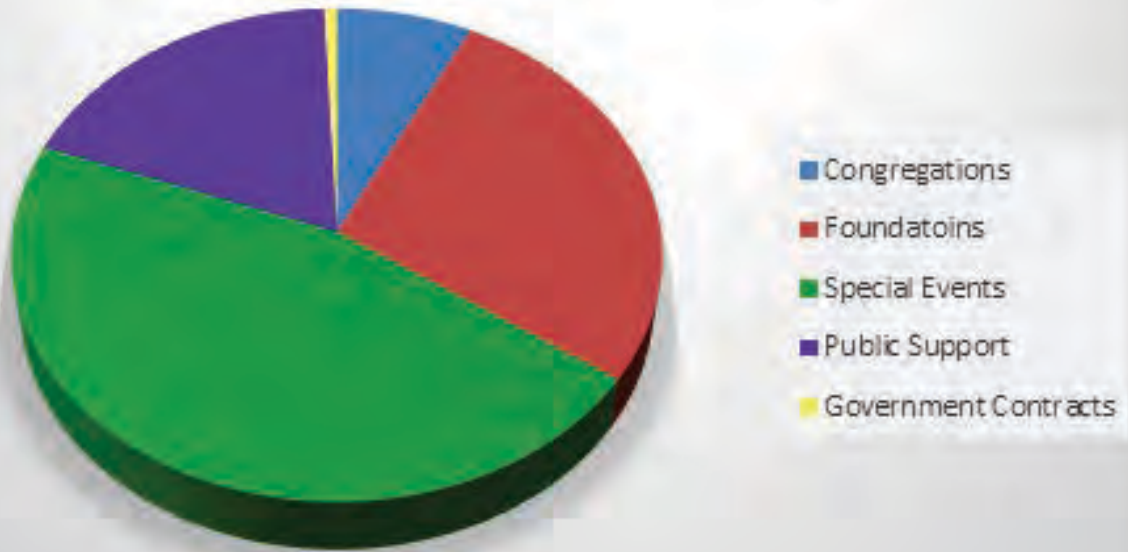
Gracie is the caregiver for her husband Vance, and they have been attending our Gathering Place program at Champion Forest Baptist Church for more than a year.

"Vance never wants to go anywhere but he will get up and is ready to the Gathering Place," Gracie said. "This is really special; the fellowship and the activities and everybody. It's just a normal spot for us and a lot of places are not. Everybody is friendly and you can't always find people who give their time and effort to do this. You're really missing out if you don't give it a try."



# FINANCIALS

## CarePartners Revenue



## OPERATING BUDGET 2019

Revenue - \$964,343

Expenses - \$960,234

Programs - 83%

Administrative - 13%

Fundraising - 4%





# THANK YOU, DONORS!

The following donors sustained the mission of CarePartners through their generous gifts made in 2019.

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# 2019 SWEET CHARITY



CarePartners' Annual Sweet Charity event was held on Thursday, March 28, 2019 at The Junior League of Houston, Inc. It was an evening celebrating our mission, partnerships, volunteers and philanthropic individuals and corporations in the Greater Houston area. Martha & Dick Wright and Carmen Jones received our Dr. Ronald H. Sunderland Care Team® Member Award and Zion Lutheran Church was our Partnership Award Honoree. More than 200 individuals attended the event which generated over \$290,000.





# PARTNERSHIP AWARD

## ZION LUTHERAN CHURCH



Zion Lutheran Church established its congregation in Houston in 1914. In 2018, after four years of hard work by volunteers Clyde Muske and Raymond Dietrich, the Texas Historical Commission installed an Official Historical Marker for Zion Lutheran at the corner of Beauchamp and Pecore in Houston's historical Heights neighborhood.



Zion Lutheran Church has partnered with CarePartners for twenty-eight years beginning when they volunteered to become one of the first churches to step up as a part of our GenCare program (subsequently known as Second Family®) to provide homebound services to those with Alzheimer's, dementia, and other memory loss challenges and to provide respite for their caregivers. Beginning in August 1990, they provided over 300 hours of service for three care partners. In the years since, Zion Lutheran and CarePartners have maintained a partnership in numerous programs including an AIDS Care Team® from June 1995 through May 1997 during which time they donated over 800 hours of care and companionship to five care partners. The Alzheimer's Care Team® and their Gathering Place officially began in 1993. Since that time, they have served over 250 care partners and their family caregivers and have donated 30,670 hours of their time.



Volunteer Delores Muske has served as their Team Leader since 2001, receiving the Dr. Ronald Sunderland Volunteer of the Year Award in 2007. According to their CarePartners Coordinator, they are "the little team that could". Going above and beyond seems to be a part of their every day and in addition to their Gathering Place, they have volunteered in our offices when we find ourselves in the middle of a mass mailing and have also volunteered at Sweet Charity since its inception.





# 2019 SWEET CHARITY DR. RONALD H. SUNDERLAND VOLUNTEER OF THE YEAR AWARD

## Martha & Dick Wright

Martha and Dick Wright have worked with the Gathering at St. Francis Episcopal Church, Houston, since inception of the program 14 years ago. Martha has served as program coordinator for the last 12 years. They consider it one of the most worthwhile and rewarding missions in which they have been involved at St. Francis. Members of the parish for more than 40 years, both have served in numerous volunteer positions, ranging from pre-school teachers to Vestry Members. Martha is a past president of the Episcopal Church Women there; Dick is a former Senior Warden and continues as a Lay Reader.

Both are graduates of Rice University and have served their Alma Mater as Annual Fund volunteers; Dick is a past Chair of the Annual Fund. Among other positions with the Association of Rice Alumni, Martha had several terms as president of the Society of Rice University Women. Dick currently is a member of the Board of the Friends of the Fondren Library.

Martha recently retired from the Board of Directors of Houston Audubon. She spent many years leading educational tours for children at Audubon's Edith Moore Sanctuary in West Houston. Prior to that she had been a docent at the Robert Vines Science Center of Spring Branch ISD.

The couple have lived in west Houston since 1968. They have one son and daughter-in-law living in West Orange, NJ, and one unmarried son here in Houston.



# 2019 SWEET CHARITY DR. RONALD H. SUNDERLAND VOLUNTEER OF THE YEAR AWARD

## Carmen Jones

Carmen Jones is the caregiver of her mother. Her parents have been married since April of 1957. Once her mom was diagnosed with Alzheimer's in 2004, she tried to get them to move to Katy so the family could help take care of mom. Her big selling point was the Gathering Place at Epiphany Catholic Church. Finally, in 2011 her parents moved to Katy and since then they have all been a part of this extended family.

Carmen sees her role as that family member that is always hosting the family gatherings for Thanksgiving, Christmas or birthdays. Every month the Gathering Place has a celebration and the whole family will be there. We pray together, break bread together and make sure that everyone knows they are loved and appreciated. Her father has even started his own ministry with the support group for the caregivers. He will treat this tight-knit group to lunch every other month. Father Jack once said, "Life is all about connecting". The Gathering Place is just that, everyone connecting. I am thankful to be a part of this program.





# Kentucky Derby 2019

Our annual fundraising event, the Kentucky Derby, was held on Saturday, May 4, 2019. This event is a fun, engaging event held during the actual Kentucky Derby race. Attendees spend time playing derby-style games, watching the race and socializing with others. More than 100 individuals attended the event which generated over \$60,000.





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## CONTACT

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## ABOUT CAREPARTNERS

CarePartners is a nonprofit, volunteer led organization that provides support, education, and resources for caregivers and quality care for those living with memory loss and other challenges of aging.







# Join the Care Movement

