PBS released several new performances that you can enjoy for free. Musicals, Plays, and Singers galore! Click HERE.

Here is a great alternative to the potato chip! Check out these Parmesan Zucchini Crisps. Click HERE.

Elder Law Attorney Angela Odensky joins us for part two of an "Intro to Medicaid" live on Facebook and YouTube.

Enjoy these 18 different chair exercises for stretching and strength. Click HERE.

AARP Texas is discussing their tips for "Caregiving From a Distance" live on Facebook and YouTube.

This website is an amazing resource for dozens of age appropriate crafts. Click HERE.

How and When to Enroll in Medicare with Stephanie Salcedo, Secure Your Legacy, live on Facebook and YouTube.

The Jane Goodall Institute – Improving the lives of people, animals & the environment. Click HERE to learn more.

We may not be able to travel to NYC but we can still explore the famous Statue of Liberty. Click HERE.

Start today with a 10 minute guided meditation to help you relax and center yourself for what life will bring. Click HERE.

**Common Ground** (support group for family caregivers) Tele-Conference on Tuesdays at 10 a.m. and Thursdays at 2 p.m.

For more resources or if you missed one of our Facebook LIVE videos, Click HERE to view them.

Follow CarePartners on Facebook, YouTube, and check www.CarePartnersTexas.org for updates.