In-Home Activities for Family Caregivers
July 27 - August 2

**Common Ground** (support group for family caregivers) Tele-Conference on Tuesdays at 10 a.m. and Wednesdays at 2 p.m.
For more resources or if you missed one of our Facebook LIVE videos, Click [HERE](#) to view them.
Follow CarePartners on [Facebook](#), [YouTube](#), and check [www.CarePartnersTexas.org](#) for updates.

MUSIC MONDAY
- Click [HERE](#) to hear the National Children’s Chorus perform John Rutter’s “Tomorrow Shall Be My Dancing Day”.
- 10:00 am Better Business Bureau’s Jennifer Salazar presents Fraud Watch Live on [Facebook](#) and [YouTube](#).

COOKING TUESDAY
- How do Orange Cranberry Pancakes sound? Click [HERE](#) for the recipe.

WORKOUT WEDNESDAY
- Click [HERE](#) for some exercises using light weights.

CRAFTY THURSDAY
- Click [HERE](#) to learn how to make paper beads at home.

FUN TIME FRIDAY
- Click [HERE](#) to go on a virtual road trip along Route 66!

LEARNING SATURDAY
- Click [HERE](#) to explore the life and art of Georgia O’Keefe
- Click [HERE](#) to learn how to make paper beads at home.
- Click [HERE](#) to go on a virtual road trip along Route 66!

SELF-CARE SUNDAY
- Do you have questions about face masks? Click [HERE](#) to figure out the right mask for you.