In-Home Activities for Family Caregivers
October 25-31
Happy Halloween!

**Common Ground** (support group for family caregivers) Teleconference on Tuesdays at 10 a.m. and Wednesdays at 2 p.m.

For more resources or if you missed one of our Facebook LIVE videos, Click [HERE](#) to view them.

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**MUSIC MONDAY**
Click [HERE](#) for 12 Favorite Halloween Classical Pieces From Parker Symphony Orchestra.

**COOKING TUESDAY**
Click [HERE](#) for some delicious Pumpkin-Orange Chocolate Chip Oatmeal Cookies.

**WORKOUT WEDNESDAY**
Click [HERE](#) for a 20 Minute workout from Jenny McClendon, MS, PT.

**CRAFTY THURSDAY**
Click [HERE](#) for some cute Coffee Filter Bats to celebrate Halloween!

**FUN TIME FRIDAY**
Click [HERE](#) to visit Largest.org and head to the food section to see the 10 largest pumpkins ever grown.

**LEARNING SATURDAY**
Click [HERE](#) to visit the Charles Schulz Museum to watch “It's the Great Pumpkin, Charlie Brown” and enjoy the history of the Peanuts characters.

**SELF-CARE SUNDAY**
Click [HERE](#) to learn about Scam Prevention and Safety for Seniors from AARP.