

# Nonprofit gets grant for Alzheimer's caregiver aid

By Juhi Varma  
STAFF WRITER

Houston nonprofit Interfaith CarePartners received a \$6,000 grant from the Alzheimer's Foundation of America to help fund its caregiver support programs.

"We provide a variety of support, education and resources to families affected by dementia and families of older adults," said Katie Scott, president of Interfaith CarePartners.

"The grant will go towards our community programs ... our goal to make sure that caregivers get the break and assistance they need to help provide better care for their loved ones."

CarePartners provides help, education, resources, and respite to family caregivers of individuals living with dementia-re-



**CarePartners regularly hosts free "gatherings," giving family caregivers a break from caregiving responsibilities, while their loved one participates in planned activities such as games, music, arts, crafts, lunch and socialization.**

lated illnesses.

The nonprofit matches caring volunteers with families in need of support.

In 2020, an estimated 5.8 million Americans aged 65 years or older had Alzheimer's disease, ac-

cording to the CDC.

This number is projected to nearly triple to 14 million people by 2060.

"We try to be there for the family, wherever they are in this process," Scott said.

"Sometimes they come



Courtesy photos

to us as soon as an individual receives a diagnosis, sometimes they've been managing the diagnosis for a while. We provide education programs. We have up to 50 locations that provide half-day respite for fami-

lies."

The conferences and workshops are offered throughout Greater Houston as well as virtually.

These community-based programs include engaging activities and

are offered at no cost to the family.

CarePartners also has a licensed social worker on staff to provide free one-on-one coaching and action planning.

In the Greater Houston area, there are an estimated 62,000 individuals living with Alzheimer's disease and related dementia, Scott said.

"Our partnership with the Alzheimer's Foundation is really, really essential to serving the Greater Houston area in the biggest way we can," Scott said.

CarePartners helps approximately 2,500-3,500 individuals every year.

To learn more about CarePartners or make a donation visit [carepartners.texas.org/donate](http://carepartners.texas.org/donate).

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