



## **CarePartners Dementia Day Center Frequently Asked Questions**

### **Who can attend CarePartners Dementia Day Center?**

Applicants must have dementia confirmed by a physician and must be able to bear weight. Additionally, the applicant must be free of communicable diseases, medically stable, able to use the restroom with no or minimal assistance and must be able to eat with no or minimal assistance. Additionally, the individual must be able to engage in group or self-directed activities with minimal assistance.

### **How much does it cost?**

The full day rate is \$95/day; the half day rate is \$80/day. A full day is attendance 5 hours and 30 minutes or more. A half day is attendance less than 5 hours and 30 minutes. Financial assistance is available.

### **Do you accept Medicare or Medicaid?**

No. However, we offer a variety of financial assistance options. Additionally, if the participant has long term care insurance, day center fees are usually eligible for reimbursement.

### **What is your ratio of staff to participants?**

While our licensing body requires us to have a 1 staff person to 8 participants ratio, we maintain a 1 to 6 ratio. This ratio provides better supervision and more interaction between staff and participants.

### **Do you take incontinent applicants?**

Incontinent (both bladder and bowel) individuals may be enrolled, but must be willing to accept assistance from staff as needed. Incontinent aids and supplies must be provided by the family and will be used as needed to maintain the dignity of the participant.

### **Do you take applicants who use assistive devices like a walker or wheelchair?**

Yes. However, all participants must be able to bear their own weight. For example, in the bathroom they must be able to stand up, pivot and sit down with minimal assistance. Applicants with poor balance or an unsteady gait must use a cane, walker, or wheelchair to avoid falls or injury. The total number of members using assistive devices may be limited to ensure adequate space for Day Center programs and activities.



**What if the participant has special dietary needs?**

We have a Registered Dietitian consultant and attempt to accommodate special dietary requirements. However, we cannot guarantee the availability of substitutions. In the event accommodations cannot be made, the family is responsible for providing meals and snacks for the participant.

**What meals do you provide?**

We offer lunch at 12 noon and refreshments at 3:00pm.

**Do you give medications?**

Yes, our licensed nurse can give medications. We prefer all morning and evening medications to be given at home. Our nurse can administer any medications scheduled to be given in the middle of the day.

**What about medications given by injection?**

We can provide medication by injection. Each family is responsible for providing the nurse with the correct supplies for the injection. The total number of members receiving medication by injection may be limited due to staffing constraints.

**Do you provide any medical monitoring?**

We check each participant's temperature, pulse, blood pressure, respiration rate, and weight each month. We can provide additional monitoring based on the participant's health condition.

**What do you do all day?**

We offer a variety of programs throughout the day. Please take a look at our current newsletter to see a sample of our offerings. Participants are able to choose which programs they would like to participate in.

**Do you provide transportation?**

No, we do not provide transportation. Many of our participants use METROLift for their transportation. However, each family is responsible for scheduling and managing the services.



### **Do you go on field trips? Where do you go?**

Yes, we plan field trips a few times a year. Destinations include restaurants, museums, parks, and other venues as the weather permits. We have limited space, so members are included based on appropriateness of the trip and their abilities.

### **When are you open?**

We are open Monday through Friday, 7:00am-6:00pm (**7:30am-5:30pm until Feb. 1, 2023**). We are closed Saturdays and Sundays and all major holidays. Additionally, we close 4 times a year for staff in-service. Those closures are posted in the monthly newsletter.

### **Do I need to schedule when we will come?**

Yes. All participants must have a schedule to help us to stay within our daily capacity limit of 65 participants. No drop-ins are allowed, but families are allowed to make changes to the schedule with advance notice. Families will be allocated 5 free absences each calendar year. Advance notice of a free day must be given before your loved one's scheduled arrival time at the center. Families that do not notify the Day Center of an absence before their usual arrival time will be charged their regular daily rate even if they have free absences remaining. After 5 free absences, families will be charged their regular daily rates for each absence

### **I'm ready to join the Day Center. How do I enroll?**

There are a few steps you must take to join our family.

1. Schedule a tour of the Day Center to receive an enrollment packet. You can schedule a tour at 713.682.5995.
2. Complete the enrollment packet at home.
3. The applicant must complete a Tuberculosis (TB) Skin Test or Chest X-ray or obtain record of results if tests were performed within the last year. These records will need to be provided to the Day Center.
4. The applicant must have the physician or nurse practitioner complete the Physician's Orders found in the enrollment packet. This form may be directly faxed to the Day Center or may be returned to you.
5. Once all the above is complete, call 713.682.5995 or email [daycenter@CarePartnersTexas.org](mailto:daycenter@CarePartnersTexas.org) to schedule an enrollment appointment. Enrollment appointments typically last 1 hour. Enrollment appointments are available Mondays, Wednesdays and Fridays at 10:30am and 3:00pm. Enrollment appointments are available on a first come, first served basis.